

St Innocent Orthodox Church

The Church St Innocent of Irkutsk is a parish of the Diocese of the West,
The Orthodox Church in America (OCA)

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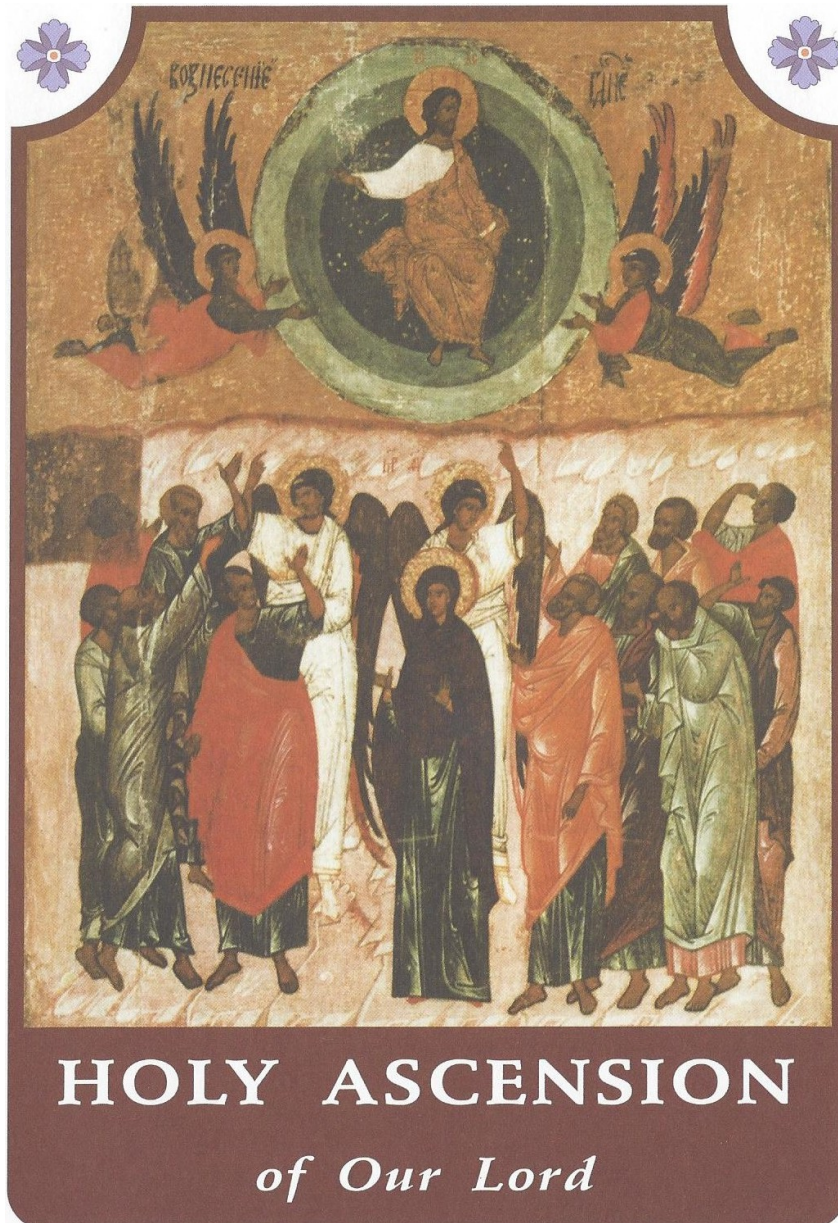
stinnocenttarzana.org

Fr. Yousuf Rassam

June 5th, 2022

Today's commemorated feasts and saints:

7th SUNDAY OF PASCHA – Tone 6. Holy Fathers of the First Ecumenical Council. Afterfeast of Ascension. Hieromartyr Dorotheus, Bishop of Tyre (ca. 362). Translation of the Relics of Bl. Igor (George), tonsured Gabriel, Grand Prince of Chernigov and Kiev (1150). Bl. Constantine, Metropolitan of Kiev (1159). Repose of St. Theodore Yaroslavich, older brother of St. Alexander Nevsky (Novgorod – 1233). Finding of the Relics of Ven. Bassian and Jonah, Monks of Pertominsk (Solovétsky Monastery – 1599). Martyrs Marcian, Nicander, Hyperechius, Appolonius, Leonidas, Arius, Gorgias, Pambo, Selenia, and Irene of Egypt (4th c.). Ven. Theodore the Wonderworker, Hermit of the Jordan (ca. 6th c.). Ven. Anubius, Confessor and Anchorite, of Egypt (5th c.). Ven. Abba Dorotheus of Palestine (6th c.). St. Peter of Korcha (Albanian).



❖ ❖ ❖ HEAD FOR THE HILLS ❖ ❖ ❖

Psalm 121 begins with these wise words “I will lift up my eyes to the hills - from whence comes my help? My help comes from the Lord, who made heaven and earth . . .” This is a psalm intended for those who are in need of help. Sometimes it is people who give us trouble. At times, it may be our bodies that give us trouble. There are times we even bring it upon ourselves. But know that when trouble does come, we must “HEAD FOR THE HILLS.”



The Bible tells us we can head for a hill called SINAI. On Mt. Sinai, Moses encountered the burning bush. It is also the place he received the Law of God. These 10 Commandments declare God’s Holiness and unchanging principles.

They are meant to offer help to those in distress.

We can head for a hill called GOLGOTHA. It is the place Jesus died, providing us mercy and grace. It is the hill of salvation and hope. If you are burdened with sin, the Cross upon the hill is the cure.

Today we head for a hill called OLIVET (Mount of Olives). We witness the Ascension of our living Saviour. We patiently await His return to establish the Kingdom in all its fullness.

The phrase “Head for the Hills,” in biblical terms, is an INVITATION to those in need of help. So if you ever find yourself in need . . . accept the invitation. In doing so, you will find the heavenly grace you seek.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

SCHEDULE ALL SERVICES LIVE STREAMED.

Matins Gospel: John 21: 1 - 14 (*10th Matins Gospel*)

This Week’s Epistle: Acts 20: 16 - 18, 28 - 36 **Gospel:** John 17: 1 - 13

Reader: Matthew

Today 9:30 am Liturgy

Wednesday 6:00 pm Moleben - Kontakion of the Ascension

Saturday 9:30 am Liturgy, Memorial Saturday

5:30 pm Vigil - Pentecost

Sunday **9:30 am Liturgy, Kneeling Vespers. Pentecost**

Next Week’s Epistle: Acts 2: 1 - 11 **Gospel:** John 7: 37 - 52, 8: 12 (*Pentecost*)

Reader: James

Office Hours: Tuesday & Thursday, 10:30 am - 12:00 noon. **Confessions:** After Saturday Vespers and by appointment.

Receiving Holy Communion: We should draw near to our Lord and God and Savior, Jesus Christ, and receive Holy Communion often. Orthodox Christians, who have prepared themselves through prayer and fasting, and are at peace with all men, and have attended the Divine Liturgy from the beginning, (or, at the very least, have not missed the Gospel), and have made a recent Confession, should draw near. Others should diligently seek to be properly disposed and prepared as soon as possible.

Troparion, Resurrection - Tone 6

The angelic powers were at Thy tomb; / the guards became as dead men. / Mary stood by Thy grave, / seeking Thy most pure body. / Thou didst capture hell, not being tempted by it. / Thou didst come to the Virgin, granting life. // O Lord who didst rise from the dead: glory to Thee!

Announcements:

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|---|---|
| Our Bulletins (\$60.00) | Alla Slobodskaya |
| Our Altar Wine (\$40.00) | Izolda (Zoya) & Vladimir Sogokon |
| Our Altar Candles (\$40.00) | Gabriela Broncă & family good health & help in our needs. |
| Our Altar Incense (\$20.00) | Gabriela Broncă & family good health & help in our needs. |
| Vigil - Golgotha I (\$7.00 /wk) | Gabriela Broncă & family good health & help in our needs. |
| Vigil - Golgotha II (\$7.00 /wk) | Caratās family |
| Vigil - Prothesis (\$7.00 /wk) | Caratās family |
| - Broncă: Gabriela, Robert, & Carmen Iuliana. Good health, & help in need. Repose: Tasia. | |
| - Sogokon: for the health of Zoya, Vladimir, Irina, Anastasia, Vladimir, Vladimir. | |

7th Sunday and Week of Pascha. The seventh and last week of the 50 days until Pentecost. On this Sunday we remember the fathers of the First Ecumenical Council which met on Ascension in 325 AD. We are also celebrating, through Friday) the post-feast of the Ascension. Mitigated fasting on Wednesday and Friday (wine & oil). Such mitigated fasting applies on all remaining Wednesdays and Fridays until Pentecost.

Next week is the Feast of Pentecost. Plan to attend Vigil and the Festal Liturgy and the kneeling prayers!

Adult Education will take place Wednesday after the Moleben.

Have you ever become a full Member? Fill out the form available. Prayerfully consider your pledge for 2022. You may speak with a parish council member about membership and pledging.

2022 Wall Calendars are here at the Candle stand. Requested donation this year, \$7.00.

Lectionary. The Church Lectionary during the Paschal period reads Acts and St. John's Gospel.

Coffee Hour, This Week: Vladimir & Zoya **Next Week:** Celebration Sunday

USEFUL INFORMATION

Donations We now have a [Tithe.ly](https://tithe.ly) page to make donating to the parish easy. Just click this link: <https://tithe.ly/give?c=1324837>. Thank you and God bless!

Streamed serices can be viewed at our website <https://stinnocenttarzana.org/livestream> or <https://stinnocenttarzana.org/facebook>, the streamed services are also uploaded here <https://www.youtube.com/channel/UCEhqUqTl5kDekOrPPERcy5g>. The daily readings and saints may be found here: <https://stinnocenttarzana.org/dailyreadings>.

Troparion, Ascension - Tone 4

Thou hast ascended in glory, O Christ our God, / granting joy to Thy Disciples by the promise of the Holy Spirit. / Through the blessing, they were assured, / that Thou art the Son of God, // the Redeemer of the world!

Troparion, The Holy Fathers - Tone 8

Most glorious art Thou, O Christ our God! / Thou hast established the Holy Fathers as lights on the earth! / Through them Thou hast guided us to the true faith! // O greatly Compassionate One, glory to Thee!

Kontakion, The Holy Fathers - Tone 8

The Apostles' preaching and the fathers' doctrines have established one faith for the Church. / Adorned with the robe of truth, woven from heavenly theology; // great is the mystery of piety which it defines and glorifies.

Kontakion, Ascension - Tone 6

When Thou didst fulfill the dispensation for our sake, and unite earth to heaven, / Thou didst ascend in glory, O Christ our God, / not being parted from those who love Thee, / but remaining with them and crying: // "I am with you, and no one will be against you!"

Of our charity, remember in your prayers:June 5th, 2022**Special Intentions:**

Christians of Syria, Egypt; Met. Paul, Abp. John, in captivity.

Natalya & Alla in Donetsk

sister Oksana McGovern & family

Metropolitan Onuphry of Kiev

The Sick and those in need of health:

Archbishop Benjamin;

Archpriests Paul Waisanen, George Gray, Michael Regan, Andrew Jacobs; Moses Berry; John Armstrong.

Abbess Susanna; Protodcn Nicholas Jannakos; Protodeacon Averky Davis

Matushki Alexandra Safchuk, Elizabeth Powell, Clara Mancantelli, Suzanne Senyo; Maria Vallens, Priscilla Shipley, Jean Moore;

Monk John. Deacon Mark Story, Robert Peterson, Marios Perez, Barbara Anderson, Monika Cleenewerck, Marea Kuolt.

OCA-DOW

Manya Prybyla, Gregory Theophan Hoffberg; Olga Stephanenko; Virginia, Levon; Edmund Roschak, Darka Raicevich; Karen Olds;

Alla Miller, Mike Shinkarik, Andrew Sturmer, Stanislava; Bridget Merridy Strand, Assia Alexander, Scott T. Karen T., Dmitri G.,

Kyra, Bill & Linda Phillips; Ed Salm; Raphael; Magdalena Elizabeth; Ludmilla, Anna, Margarita Maximova, Gayle Anne.

Our Parish

Lea Ann (Leah) Bochnak

Laura Bochnak

Vladimir

Anya

Laura, Eladia

Manya Prybyla

Matthew, Alison.

Thaddeus Wojcik

Mildred Sturmer, Susan

Sturmer family

Patricia Hungerford, Barbara Johnson

+ Raissa Dulian

Martha Yarbrough

Yarbrough family

Margaret Banescu, Vona Leslee Christie, Hope Peacock and family.

Banescu family

Euphemia Marie Cox

John Ambrose Cox

George. Mihai

Maria Caratás

Mary, George Laurentiu, cancer treatment.

Florentina

Barbara, Steve

Scott & the Thompson family

Angela Apostol

Constantine Apostol

Yekaterina

Lydia

Lydia

Manya Prybyla

Emmanual Hormuzd Rassam. Hieromonk Ambrose (Young), Nicholas Juried & Amy. Archriest Michael Carney,

Fr. Yousuf

Matushka Sophia Haloulakos

Protodeacon George Haloulakos

Christina Dudchenko, Dcn. Sergius Miller, Kevin, Cecilia Gonzalez-Andrieu.

Deacon Nicholas Denysenko & family

Michael Rogozik

Yulia.

Lya, Marie, Yvonne

Gay Butu

Timofey

Dilaria

Kristina DeBree

Kevin Patrick DeBree

Reader John, Catherine, Dianna Bowen.

Danks family

Ruben

Richard & Yolanda Durham

Walter

Irina

Larry & Emma

Abbe Kulhanek

Anna

Elena

Pearl Ruggiero. Sheena Wickens, Veronica Clarkson, Anna Cruz, Anna Rossiter; Ward; Griselda Leon.

Diane Rhodes

Luke Norton

Alexander Norton

Bruce Anderson, Audrey Anderson.

Subdeacon Polycarp Anderson & family

Larry McHargue; Laura; Robert; Kenny

Anne McHargue Witz & family

Those Serving in the Armed Forces

Peter, Elijah Hoffberg, Ronnie (Barnabas) Austin, Basil, Shae, Ian & Henry.

For the Health and Salvation of the servants of God:

Catechumen: Dalen, Kelly Jamie Muster; Bryce.

newly Illumined John (Jack) Keoseyan, sponsor James

newly Illumined Marilyn, sponsor Mother Markella

Zlata Okunev, Artemi & Erica

New born Ava Adria Vizireanu

Chelsea Claire Nordstrom

Matthew & Chloe Nordstrom

Sebastian James Siskos

Presvytera Wiborada Vickie Hoffberg Siskos & Priest Christian Siskos

Charlotte, parents Jonathan & Michaela Durham

Vitaly, Lyubov, Ella, Karen, Oksana, Valentina, Irina, Sofiya, Vladimir, Olga, Natalya, Tatyana, Irina, Elena, Evgeny.

Tikhvin icon donors

Alla, Dmitriy Jr., Dmitriy, Igor, Elena, Juliya, Tamara, Fredi.

Alla Slobdskaya

Elena, Marisa, Dimitrios (Jimmy), Nicholas, Alexander, Dimitrios, Dionisius.

+ Lola Macrina

Sherri, Nathanael, & Christopher, Amelia Marie.

Aiden Frederick Parrish, new born Micah Parrish

Alyssa & Cyprian Parrish

New born Thomas John Martin Lawman. Verity Annabelle Mary; Constance Alexandra.

Alicia & Joshua Lawman

Newly illumined Matthew; Nicholas Damiano, Magdalena Elizabeth.

Stephen & Marisa Thompson

Elijah, parents Aika & Dmitri Goudkov

new born Rowan. Galina.

Yelena, Anna, Wolfgang

Margarita, Christopher, John, Lauren, Ekaterina.

Margarita Maximova

Catalina, Sofia, Florentina, Doina.

Calugaru family

Of our charity, remember in your prayers:

For the repose of the souls of the departed servants of God:

June 5th, 2022

Newly Departed Metropolitan Hilarion (Kapral) first hierarch of ROCOR. +May 16, 2022
Newly Departed Archbishop Paul (Gassios) of Chicago & the Midwest. +April 24, 2022. OCA, Diocese of Chicago & the Midwest
Newly Departed Matushka Gerry (Evgenia) Glagolev. +May 23, 2022. Christia, Marina, John & family
Newly Departed Galina Trifonovna Grabovska. +June 3, 2022.
Newly Departed Anatoliy. +May 12, 2022. Lyudmyla
Newly Departed Nadejda. +April 27, 2022. Yulia
Newly Departed Lellya. +April 25, 2022. Margaret Banescu
Newly Departed Liliya +April 22, 2022.
Newly Departed Nina. + March 12, 2022. Natalie
Newly Departed Makrena. +March 18, 2022. Mariela
Newly Departed Matushka Zinaida Kalinowski. +April 20, 2022.
Newly Departed Mary Ann Meredith. +April 15, 2022. Diane Rhodes
Newly Departed Thomas. Milena
+ May 30: Archbishop John (Shahovskoy), of San Francisco & the West, 1989. Tatiana
+ June 5: Archpriest Paul Nervana, 1953; Matka. Magdalene Wachnowsky Glagolev, 1977; Arthur Kotelly, 2000;
Popodiya Ivanka Tanaskoski, 2006; OCA
Mitred Archpriest Sergei Glagolev, +Sep 1, 2021 Matka Gerry, Christia, Marina, John & family
Matushka Anisia Boldireff +Sep 1, 2021 Archpriest Nicholas, Nathalie, Tamara, Marina, Michael & family
Protopresbyter Leonid Kishkovsky OCA
Matushka Tresja Denysenko Deacon Nicholas & Sofia Denysenko & family
Matushka Ioanna Bonnie Jean Robinson Priest John K. Robinson & family; Saint Herman Church, Oxnard; DoW
Germogen Stephanenko Olga, Larissa, Tatiana
Cor Brevet Delabruinene Natalya Slusar Nosa & family
Vadim
Rodney Lake + May 20, 2021. son-in-law & daughter Thaddeus & Jacqui Wojcik
Nun Seraphima (Anna Kremenetskaya) Konstantin, Taissia, Vladimir, Ioann Kremenetsky
Nun Nonna (Verna Harrison)
Igor
Lola Macrina
Edward Michael & Joan Sutyak Tamara, Christina, Michael, Anne & family
Leon & Claudine Snyder daughters Laura & Carol, & family
Dmitri Boris
David Mitred Archpriest Ian & Matka. Nina MacKinnon, DOW
Deacon Hennok Soot DoW, Matushka Mariamna Soot, Fr Stephen Soot family, Mark & Olga Soot family
Evdokiya, Anatoliy, Domnikiy, Semen, Feodosiy, Ella, Grigoriy, Nadejda, Konstantin, Svetlana,
Valentina, Anna, infant Anatoliy, Olga, Anna, Peter. Alla Slobdoskaya
Anne Lewandowski + Raissa Dulian
Marina, Alexandra, Petr, Boris, Tatiana. Margarita Maximova
Rebecca Svetlana (Photini) Gushard son Wade Aiden, Fr Yousuf

Troparion, The Holy Fathers - Tone 8

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Commemoration of the Holy Fathers of the First Ecumenical Council

On the seventh Sunday of Pascha, we commemorate the holy God-bearing Fathers of the First Ecumenical Council.

The Commemoration of the First Ecumenical Council has been celebrated by the Church of Christ from ancient times. The Lord Jesus Christ left the Church a great promise, "I will build My Church, and the gates of hell shall not prevail against it" (Mt. 16:18). Although the Church of Christ on earth will pass through difficult struggles with the Enemy of salvation, it will emerge victorious. The holy martyrs bore witness to the truth of the Savior's words, enduring suffering and death for confessing Christ, but the persecutor's sword is shattered by the Cross of Christ.

Persecution of Christians ceased during the fourth century, but heresies arose within the Church itself. One of the most pernicious of these heresies was Arianism. Arius, a priest of Alexandria, was a man of immense pride and ambition. In denying the divine nature of Jesus Christ and His equality with God the Father, Arius falsely taught that the Savior is not consubstantial with the Father, but is only a created being.

Investigating these dissensions, the holy emperor Constantine (May 21) consulted Bishop Hosius of Cordova (Aug. 27), who assured him that the heresy of Arius was directed against the most fundamental dogma of Christ's Church, and so he decided to convene an Ecumenical Council. In the year 325, 318 bishops representing Christian Churches from various lands gathered together at Nicea.

Among the assembled bishops were many confessors who had suffered during the persecutions, and who bore the marks of torture upon their bodies. Also participating in the Council were several great luminaries of the Church: Saint Nicholas, Archbishop of Myra in Lycia (December 6 and May 9), Saint Spyridon, Bishop of Tremithos (December 12), and others venerated by the Church as holy Fathers.

With Patriarch Alexander of Alexandria came his deacon, Athanasius [who later became Patriarch of Alexandria (May 2 and January 18)]. He is called "the Great," for he was a zealous champion for the purity of Orthodoxy. In the Sixth Ode of the Canon for today's Feast, he is referred to as "the thirteenth Apostle."

The emperor Constantine presided over the sessions of the Council. In his speech, responding to the welcome by Bishop Eusebius of Caesarea, he said, "God has helped me cast down the impious might of the persecutors, but more distressful for me than any blood spilled in battle is for a soldier, is the internal strife in the Church of God, for it is more ruinous."

Arius, with seventeen bishops among his supporters, remained arrogant, but his teaching was repudiated and he was excommunicated from the Church. In his speech, the holy deacon Athanasius conclusively refuted the blasphemous opinions of Arius.

The Fathers of the Council declined to accept a Symbol of Faith (Creed) proposed by the Arians. Instead, they affirmed the Orthodox Symbol of Faith.

In the Nicene Creed, the holy Fathers set forth and confirmed the Apostolic teachings about Christ's divine nature. The heresy of Arius was exposed and repudiated as an error of haughty reason. After resolving this chief dogmatic question, the Council also issued Twelve Canons on questions of churchly administration and discipline.

The First Ecumenical Council is also commemorated on May 29.